

Fatherhood, Reimagined: Parenting Through Change, Challenge and Healing

Webinar Resources

[REPLAY LINK: BIT.LY/4L7KRBQ](https://bit.ly/4L7KRBQ)

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The Fatherhood project:
thefatherhoodproject.org

Fathering Together
fatheringtogether.org

City Dads Group
citydadsgroup.com

Tips for Self-Kindness
bit.ly/44okmci



Support



Find a therapist:
bit.ly/3zbGMBL

988 Suicide & Crisis Lifeline
Call or text 988 or chat
988lifeline.org

SAMHSA's National Helpline
1-800-662-HELP (4357)

Find Treatment.gov
findtreatment.gov

